

THE DIR®* APPROACH TO PEDIATRIC FEEDING

It's All About Relationships

A multi-disciplinary perspective

Diane Cullinane, MD
Developmental Pediatrician

Julie Miller, MOT, OTR/L, SWC
Occupational Therapist

Patricia Novak, MPH, RD, CLE
Pediatric Registered Dietitian

Anne Davis, MS, CCC-SLP
Speech-Language Pathologist

Oakland, CA

Mar 29 & 30 2012



Pasadena Child Development Associates, Inc.
620 North Lake Avenue
Pasadena, CA 91101

Upcoming Courses - Spring 2012

Food Allergies & Intolerances | Pasadena, CA

March 9, 2012

Pediatric Nutrition 101 | Pasadena, CA

April 13, 2012

Introduction to Floortime | Pasadena, CA

May 26, 2012

Transition to Adulthood:

Teenagers with Special Needs | Pasadena, CA

June 2, 2012

www.pasadenachilddevelopment.org

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Diane Cullinane, MD,

is board certified in Pediatrics, Neurodevelopmental Disabilities and is Executive Director of PCDA. She has over 30 years experience specializing in the assessment and treatment of children with developmental delays and disabilities. Dr. Cullinane is Chair of the DIR®/Floortime™ Coalition of California, certified DIR® clinician, ICDL Faculty member, and nationally known leader and speaker in the area of special needs and child development.

Julie Miller, MOT, OTR/L, SWC,

is the director of the PCDA Occupational Therapy department and coordinator of the interdisciplinary feeding team. Julie specializes in treating children who have feeding challenges with a special interest in medical fragility, autism, sensory integration and social emotional development. She is a nationally known speaker, consultant and published author in several publications and journals.

Patricia Novak, MPH, RD, CLE,

is a Pediatric Dietitian with over 25 years of experience working with children with chronic illness or developmental disabilities. Patricia's clinical work, publications and presentations focus on providing health promoting nutrition while addressing feeding challenges especially in infants and children with food allergies/intolerances, neuro-muscular disorders and autism spectrum disorders.

Anne Davis, MS, CCC-SLP,

is the head of Speech and Language Services at PCDA. She has over 20 years experience working with children and adults with communication challenges in a variety of settings. She works collaboratively with parents and other professionals to encourage communication throughout the child's daily life. She is a Hanen certified instructor of parents and has a special interest and expertise in Augmentative Communication, dysphagia, and medically complex children.

About Us

PCDA's Feeding Team provides assessment and ongoing intervention for children with feeding challenges. PCDA utilizes the DIR® approach to make eating pleasurable. This unique model utilizes and integrates the disciplines of occupational therapy, developmental pediatrics, dietetics, speech and language pathology and child-family counseling.

"Leadership in Service and Professional Education"

Course Description:

Eating is a highly complex process, with great emotional significance for the child, parent(s) and caregivers. This course will illustrate how **DIR®** (Developmental, Individual differences & Relationships) principles are used within feeding intervention for infants and children (6 months-12 yrs.), with a wide range of feeding challenges. Through the use of case examples, we will describe the importance of collaboration with families, as well as how to create individualized treatment plans. This coordinated effort has the goal of supporting the child to feel safe and self-motivated in the eating experience as it unfolds within the culture of the family.

Using the DIR® approach, we support the child in all their developmental capacities in the feeding experience. The importance of interdisciplinary collaboration, including nutrition, medicine, occupational therapy, speech therapy and mental health, will be illustrated. Participants will gain a better understanding of relationship-based intervention to guide their practice in the home, clinic and school-based setting. Video case studies will be used to illustrate practical solutions to complex feeding disorders.

This intermediate level course is designed for Occupational Therapists, Speech and Language Pathologists, Dietitians, Early Interventionists, Psychologists, MFTs, Social Workers, Physical Therapists, Nurses, Educators and any other professionals working with children and families with feeding and mealtime challenges.

Following this course, participants will be able to:

- 1) Describe the components of the DIR® approach to feeding issues.
- 2) Describe the role of different disciplines within the DIR® approach.
- 3) Identify and generate treatment strategies to advance family and child engagement around feeding.
- 4) Integrate child's emotional development while also addressing feeding safety and swallowing patterns.
- 5) Generate treatment strategies to support feeding goals while considering the child's development and individual differences.
- 6) State the role of diet in supporting cognitive and emotional development.
- 7) Plan feeding intervention that encourages health promoting diet and behaviors for children with consideration of their diagnosis and medical nutritional needs.

www.pasadenachilddevelopment.org/conferences.html

Location

The California Endowment
1111 Broadway, 7th Floor, Oakland, CA 94607

Date & Time

Thursday, March 29th & Friday, March 30th, 2012
9:00 am – 4:30 pm (one hour lunch on your own)

Registration/check-in begins at 8:30 am

Cost: \$375

Early Bird (by March 9th): \$355
Groups of 3+: \$345/person

Continuing Education

This program meets the qualifications for 14 hrs. of continuing professional development credit for the following:

Speech and Language Pathologists



Pasadena Child Development Associates is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.2 ASHA CEU's (intermediate level, professional area)

Licensed Psychologists – Pasadena Child Development Associates, Inc is approved by the *American Psychological Association* to sponsor continuing education activities for psychologists. Pasadena Child Development Associates maintains responsibility for this program and its content.

Registered Dietitians approved by the *Commission on Dietetic Registration* for 12 CPE hrs.

MFT's & LCSW's – approved provider towards licensure requirements through the *California Board of Behavioral Sciences*. PCE 4806

Registered Nurses – approved provider by *California Board of Registered Nursing*. Provider #: CEP 14958

Occupational Therapists – approved by the *California Board of Occupational Therapy* for post-professional education in the advanced practice area of swallowing assessment, evaluation and intervention. (32-S4)

Approved provider of continuing education by the *American Occupational Therapy Association* (AOTA) #4956. 12.0 CEU's (12 contact hrs)



APPROVED PROVIDER of CONTINUING EDUCATION by The American Occupational Therapy Association, Inc.

The assignment of AOTA ceu's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Cancellation Policy/Other Information

Full refund will be issued if notice is received ten or more days prior to the course. A 50% refund will be issued if notice is received between seven and nine days prior to the course. No refund will be issued if notice is received less than seven days prior to the course.

Participants are encouraged to bring a video case study. Please refer to your confirmation email, sent after your registration form has been received and processed, for more information.

Registration Deadline: March 19th

There are three ways to register

- 1 **ONLINE** Register online securely at www.regonline.com/DIRfeeding
- 2 **PHONE** Call (626) 793-7350 x219 with a credit card
- 3 **MAIL** Send this completed form with payment to the address below

The DIR® Approach to Pediatric Feeding March 29-30, 2012 • Oakland, CA

Name: _____

Print Clearly. This is how your name will be printed on the certificate of completion.

Mailing Address: _____

City: _____

State: _____

Zip: _____

Phone: _____

Organization: _____

Title/Position: _____

Email: _____

Amount Enclosed: _____

Please make checks payable to P.C.D.A.

Please select the setting in which you primarily work:

- Clinic School Hospital Home-based EI Private practice
 I am not currently practicing Other _____

Select the organization through whom you are receiving CEUs:

- AOTA APA ASHA CBBS CBRN CDR I don't need CEUs

Visa/MasterCard

Card Number: _____ - _____ - _____

Expiration Date: _____

Pasadena Child Development Associates, Inc.
Conference Dept.
620 N. Lake Avenue, Pasadena, CA 91101

For questions, contact Katherine at (626) 793-7350 x219 or katherine@pasadenachilddevelopment.org

Reasonable accommodations will be made for individuals with disabilities. Please contact us if you need special consideration. *DIR® is a registered trademark of the Interdisciplinary Council on Developmental and Learning Disorders (ICDL). This conference is not part of ICDL.